



Florida Blue 
BetterYou

- Free health screenings for cholesterol, diabetes, blood pressure and more — with immediate results!
- Tips on health related topics such as nutrition, diet and fitness.
- Valuable information to help you maximize your health benefits.
- Experts on site to answer your health questions.

Please make your appointment today. Appointments are mandatory.

Fasting for two hours prior to the health screening is recommended, NOT required.